



Family Support Service by SCTSP in Partnership with Staffordshire County Council

Cannock

FREE ONLINE BEHAVIOUR & WELLBEING WORKSHOPS/PROGRAMMES

Workshops for Parents: January- March 2022

Helping children to manage anger and difficult emotions

Date: Monday 14th February: 1.30-2.30pm

Parent Wellbeing Workshop

Topics covered: Understanding emotions, building confidence & feeling more positive

Tuesday 15th: March: 1.30-2.30pm

To book your place please email your **name, date of programme and phone number** to raminderdhaliwal.fss@sctsp.org.uk or

text/phone with your **name, date of programme and email address** to [07741645691](tel:07741645691).

Once you have booked onto you will be sent instructions on how to access the

Workshop/Programme.

