



# Five Ways Primary School

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Hello everyone!

We hope you are all well and that you have been enjoying your time with family.

The grown-ups have been very busy this week; painting in the garden, looking after children in school and reading some new stories! We have loved looking at pictures of your calming bottles and the other activities you have been busy completing. For those of you who will be celebrating your birthday during June, we would like to wish you a very happy birthday! We would love to see or hear about how you celebrated turning four.

Below you will find this week's activities. Remember, short, focussed activities are how I learn best, and its ok to take breaks if you need to. Please send any photographs to [nurseryphotographs@fiveways.staffs.sch.uk](mailto:nurseryphotographs@fiveways.staffs.sch.uk) as we would love to display the lovely things you are doing at home in our online gallery.

The Nursery staff continues to wish you and your family all the best during these strange times and would like you to know that we miss you very much!

Miss Grice, Mrs Clark, Mrs Fereday, Mrs Wright and Mrs Rock

Listen to Julia Donaldson's 'Odd Pet': <https://www.youtube.com/watch?v=WMah2Li9g8>  
If you could have a pet what would it be? Talk about all of the things you would have to do to care for your pet.

Having listened to 'Odd Pet', can you think of at least five words to describe Zog? This can be what he looks like, what he sounds like or what he feels like.

How do you think Zog moves? Can you think of three movements for Zog and use a space at home to demonstrate them to a grownup?

Continue to recap the Jolly Phonics videos made by St. Julian's school on YouTube. If you feel ready, you can extend this by watching and joining in with <https://www.youtube.com/watch?v=3gvJIxTQpsU> Remember to pause the video after each word so you can practise on your own!

Here are some games that you can use to support the teaching of Phase 2 at home: <https://www.phonicsplay.co.uk/Phase2Menu.htm>

We are focusing on counting this week. If You are still looking at numbers 1-5, here is a game that you can play: <https://www.topmarks.co.uk/Learning-to-count/underwater-counting>

If you are working on numbers 1-15, here is a game that you can play: <https://www.topmarks.co.uk/Learning-to-count/teddy-numbers>

If you feel like a challenge, here is a game that helps you recognise numbers above 10: <https://www.topmarks.co.uk/Learning-to-count/blast-off>

Here is a game that can help you count all the way to 50!: <https://pbskids.org/curiousgeorge/busyday/drive/>

Investigate different technologies in your kitchen. Can you name the appliances that need electricity? Can you describe what they do? How do you think they work?

## **Weekly Project:**

We are continuing to focus on how we look after ourselves when we feel stressed, scared or frustrated. Change is really hard and it can make you feel a little bit wobbly. Each week we will be making something to add to our very own 'self-care



kit'. The kit will have lots of different things inside to help us feel less wobbly. The next object we are going to make is a 'helping hand'.

For this you will need a piece of paper or card and 6 different colours, preferably paints.

Here are some steps to help you complete this craft:

- 1) Paint your palm, thumb and four fingers, each in a different colour
- 2) Make a handprint of the different colours onto your paper.
- 3) Wait for it to dry
- 4) Talk with a grown up about five things you can do if you feel wobbly
- 5) With the help of your grown-up, write each of your five ideas next to a finger
- 6) When you feel wobbly, take out your helping hand and pick an activity

Here are some ideas that you can talk about for your fingers:

1. Taking 3 big breaths
2. Counting slowly to 10
3. Use my words to say how I feel
4. Ask for help to solve the problem
5. Use my calm jar
6. Talk to my worry monster

In talking you may come up with other ideas that you could add to your helping hand.

We would love to see pictures of your helping hands, ready to help you hi-five your wobbles away!