

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS 1	Chicken Tikka Masala Served On Bed Rice And Naan Bread	BBQ Bean Wraps Served With Potato Wedges <i>Dairy Free</i>	Margarita Pizza Served With Potato Footballs	Beef Bolognaise Served With Pasta and Accompanied With Garlic Bread	Fish Fillet Or Salmon Fishcake Served With Crispy Chips <i>Dairy Free</i>
VEGETARIAN CHOICE	Quorn Burger In a High Fibre Bun Served With Oven Diced Potatoes	Cheese & Potato Pie With A Pastry Base Accompanied With Crusty Bread	Vegetable Chow Mein <i>Dairy Free</i>	Vegetarian Dippers Served With Mini Potato Waffles <i>Dairy Free</i>	Vegan Sausage Roll Served With Chips <i>Dairy Free</i>
LIGHT BITE	Jacket Potato Served With Spaghetti Hoops <i>Dairy Free</i>	Jacket Potato Served With Quorn Bolognaise <i>Dairy Free</i>	Jacket Potato Served With Baked Beans <i>Dairy Free</i>	Jacket Potato Served With Cheese	Jacket Potato Served With Baked Beans <i>Dairy Free</i>
PACKED LUNCH	Ham Or Cheese Sandwiches <i>Dairy Free Spread Available on Request</i>	Ham Or Cheese Sandwiches <i>Dairy Free Spread Available on Request</i>	Ham Or Cheese Sandwiches <i>Dairy Free Spread Available on Request</i>	Ham Or Cheese Sandwiches <i>Dairy Free Spread Available on Request</i>	Ham Or Cheese Sandwiches <i>Dairy Free Spread Available on Request</i>
VEGETABLES	Duo Of Fresh Vegetables	Duo Of Fresh Vegetables	Duo Of Fresh Vegetables	Duo Of Fresh Vegetables	Garden Peas Or Baked Beans
DESSERT	Cooke's Assorted Desserts	Cooke's Assorted Desserts	Cooke's Assorted Desserts	Cooke's Assorted Desserts	Cooke's Assorted Desserts
AVAILABLE DAILY BREAD BASKET, JELLIES, YOGHURTS, FRESH FRUIT					

