



Reply to:  
katiembey@cannockchasedc.gov.uk

**Our reference:** CANNOCKCHASECAN  
**Please ask for:** Kate McBey  
**Direct line:** 01543 464270  
**Date:** 31 March 2022

Dear Parent/Guardian

**Re: Cannock Chase Can Wellbeing Trail - Easter Event**

Over the last few months, Cannock Chase Council and Inspiring Healthy Lifestyles in partnership with Heath Hayes and Wimblebury Parish Council have been working with your school to create content for unique QR codes based on animals. These will be sited along an interactive wellbeing trail at Wimblebury Mount (top of John Street) in the Heath Hayes area.

Local children from across the area, have been working with professional artists to create stories, songs, poems and dances which communicate important health and wellbeing messages as well as introducing the relevant animal. All of these are featured along the trail.

This content will also be available on the new Cannock Chase Can App and will feature as a new challenge.

The new Cannock Chase Can App, is a districtwide health improvement programme which provides information about eating well, physical activity, healthier lifestyle choices as well as how to budget, sleep and manage emotional wellbeing. It is available to download for free by visiting Google Play and the App Store.

The new interactive wellbeing trail will be ready for the Easter holidays. If you've got a spare hour and need something to do - go along and visit the trail! Take a walk around the woods and learn all about the animals that live there as well as learning more about making healthier lifestyle choices. Explore and have fun!

We will be hosting a celebration event on Monday 11 April, 10am - 12noon. You'll be able to meet the Cannock Chase Can team and take part in a range of free activities as well as exploring the woodland area.

Please note, as this is a natural woodland site, there are steep inclines and uneven woodland terrain. Pathways will not be accessible to those people in wheelchairs; however, it is suitable for pushchairs if they can be lifted over occasional obstructions. There is no car parking on site.

For more information about Cannock Chase Can and this project, visit [www.cannockchasecan.co.uk](http://www.cannockchasecan.co.uk)

Yours sincerely

**The Cannock Chase Can team**

