

Week 2

Five Ways Menu



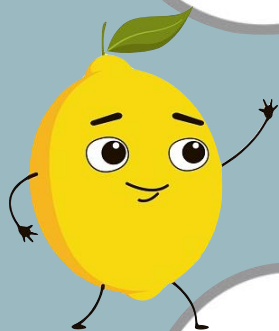
Meatless Monday

Vegetarian Curry
Served with wholegrain rice & pitta bread
Dairy Free, Gluten Free without pitta

Vegetarian Pasta Bake
Served with rustic bread

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Flapjack



Thursday

Salmon Fishcake
Served with potato wedges
Dairy Free

Margarita Pizza
Served with potato wedges, peas or baked beans
Dairy & Gluten free available

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Baked waffles

Wednesday

Pasta Bolognaise
Served with rustic bread
Dairy Free, Gluten Free available

Vegetarian Thai Green Curry
Served with wholegrain rice
Dairy Free

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Vanilla or Chocolate cookies

DAILY

Bread Basket, Fresh Salad
Selection of lighter Desserts -
Jelly, Fresh Fruit Pots & Yoghurts
GF & DF Options available

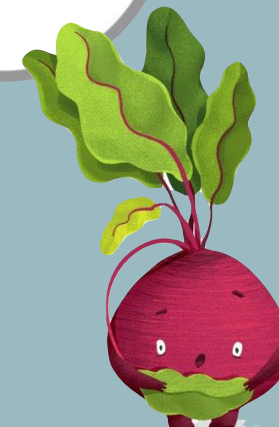
Tuesday

BBQ Chicken (sauce optional)
Served with noodles
Dairy Free

Crustless Cheese & Potato Pie
served crusty bread
Gluten Free

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Apple Sponge
& custard



Friday

Ham & Cheese Omelette
Served with Chips
Gluten Free

Vegan Sausage Roll
Served with chips
Dairy Free

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Banana & Custard or
Ice cream

Allergen information for all our dishes can be obtained by
contacting the Catering Manager on: 01543 278071