



Five Ways Menu

Week 1

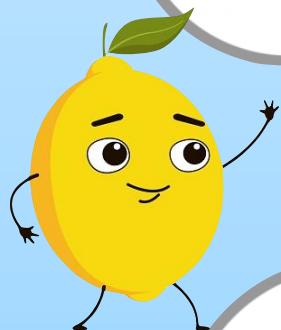
Monday

Salmon Fishcakes served with new potatoes & seasonal vegetables
Dairy & Gluten Free Available

50/50 Penne Pasta topped with marinara sauce. Served with rustic bread & seasonal vegetables. *Dairy & Gluten Free Available*

Jacket potatoes and filling

Ham or Cheese sandwich on fresh 50/50 bread



Thursday

Beef Lasagne served with rustic bread and sweetcorn

Margarita Pizza served with oven diced potatoes, sweetcorn or baked beans.
Dairy & Gluten Free Available

Jacket potatoes and filling

Ham or Cheese sandwich on fresh 50/50 bread

Tuesday

Beef Meatballs in gravy served with mashed potato & seasonal vegetables. *Dairy & Gluten Free*

Quorn Fillet served with mashed potato & seasonal vegetables.
Dairy Free

Jacket potatoes and filling

Ham or Cheese sandwich on fresh 50/50 bread



Wednesday

Sweet & Sour Chicken served with wholegrain rice and seasonal vegetables.
Dairy & Gluten Free

Chickpea, Mushroom, Broccoli & Garlic Stir fry served with egg noodles and seasonal vegetables. *Dairy Free*

Jacket potatoes and filling

Ham or Cheese sandwich on fresh 50/50 bread

Friday

Battered Fish Fillet served with skin on fries, garden peas or baked beans *Dairy Free, Gluten Free Available*

Cheese & Tomato Pinwheel served with skin on fries garden peas or baked beans

Jacket potatoes and filling

Ham or Cheese sandwich on fresh 50/50 bread

DAILY

Bread Basket,
Fresh Salad,
Selection of Savoury & Sweet
Desserts

Allergen information for all our dishes can be obtained by
contacting the Catering Manager on: 01543 278071

