



Five Ways

Menu

Week 3

Monday

Chicken & Vegetable Tikka served with wholegrain rice, naan bread & seasonal vegetables
Dairy & Gluten Free Without Bread

Macaroni Cheese with 50/50 Pasta served with rustic bread
Jacket potatoes and filling **Gluten Free Available**

Ham or Cheese sandwich on fresh 50/50 bread

Tuesday

Braised Pork served with mashed potato & seasonal vegetables
Dairy & Gluten Free

Shepherdess Pie served with crusty bread & seasonal vegetables
Dairy Free

Jacket potatoes and filling

Ham or Cheese sandwich on fresh 50/50 bread

Wednesday

50/50 Penne Pasta topped with beef bolognese served with rustic bread & seasonal vegetables **Dairy Free, Gluten Free Available**

Quorn & Mixed Bean Stir Fry served with wholegrain rice and seasonal vegetables
Dairy Free

Jacket potatoes and filling

Ham or Cheese sandwich on fresh 50/50 bread



Thursday

Chicken Burger served with oven diced potatoes, sweetcorn or baked beans
Dairy Free

Margarita Pizza served with oven diced potatoes, sweetcorn or baked beans
Dairy & Gluten Free Available

Jacket potatoes and filling

Ham or Cheese sandwich on fresh 50/50 bread

DAILY

Bread Basket,
Fresh Salad,
Selection of Savoury & Sweet
Desserts

Friday

Battered Fish Fillet served with skin on fries, garden peas or baked beans **Dairy Free, Gluten Free Available**

Spicy Bean Burger (no Bun) served with skin on fries garden peas or baked beans **Dairy Free**

Jacket potatoes and filling

Ham or Cheese sandwich on fresh 50/50 bread

Allergen information for all our dishes can be obtained by
contacting the Catering Manager on: 01543 278071

