

### Personal, Social and Emotional Development:

- Exploring our new classroom with adult support.
- Beginning to show self confidence.
- Learning Happy Breathing techniques to help calm our brains.

You can help me by:

- Encouraging me to try something new, or that I find tricky.
- Talking to me about plans you make at the weekend.

### Communication and Language:

- Beginning to enjoy a longer story.
- Learning to stop and listen when asked by an adult.
- Enjoying using unfamiliar words related to our topic.

You can help me by:

- Reading to me at bedtime.
- Making sure I am looking at you when we are chatting. Talk to me about the change of the seasons and what happens during autumn time.

### Physical Development:

- Beginning to wiggle my hips and wave my arms to a beat.
- Exploring the best grip to mark make with.
- Beginning to use our fingers to pinch, grip and rip.

You can help me by:

- Encouraging me to dance along to familiar songs.
- Asking me to draw pictures or write shopping lists.
- Asking me to help when pegging washing on the line.

## Warm Welcomes and Autumn This half-term we are:

### Literacy:

- Listening to and discussing different environmental sounds around me.
- Beginning to recognise some environmental print such as supermarket logos.
- Saying the missing word from a story when the adult stops reading.

You can help me by:

- Talking to me about logos and signs in our environment.
- Missing the last word in a sentence in a familiar story, asking me to fill in the gap.

### Mathematics:

- Exploring, naming, matching and sorting colours.
- Exploring same and different and sorting objects by colour, shape and size.

You can help me by:

- Encouraging me to recognise colours at home and when out on a walk.
- Play 'I spy something that is...red...yellow...etc.'
- Asking me to give you a big or small version of something familiar.

### Understanding the World:

- Using our five senses to explore the outdoors.
- Exploring the effects of different weathers outdoors.
- Naming what we can see around us.

You can help me by:

- Playing in leaves with me.
- Talking to me about the changes in temperature during autumn.
- Pointing out features in outdoor spaces

### Expressive Arts and Design:

- Drawing freely, with an idea of what our marks mean.
- Joining materials together to create woodland creatures.
- Choosing our own moves to dance along to music.

You can help me by:

- Providing me with different writing tools and paper, encouraging me to draw something familiar.
- Talking to me about what hedgehogs, squirrels and mice feel like.