## Nursery September 2025

Week 1	Meatless Monday	Tuesday	Wednesday	Thursday	Friday		
Mains Choice 1	Pasta Topped With Tomato Sauce & Cheese & Served with rustic bread Gluten Free Available. Dairy Free without cheese	Roast Chicken Served with mashed potato Gluten & Dairy Free	Pasta Beef Meatballs In Tomato Sauce & Served with rustic bread Dairy Free. Gluten free available	Beef Chilli Con Carne Served with wholegrain rice & rustic bread Gluten Free without bread,Dairy Free	Fish Star Served with chips Dairy Free Gluten Free Available		
Mains Choice 2	Jacket Potato Baked Beans or Cheese	Vegan Sausage Casserole Served with mashed potato Dairy Free	Vegetable Spring Roll with Sweet & Sour Sauce (optional) Served with noodles Dairy Free	Margarita Pizza Served with oven diced potatoes Dairy & Gluten Free available	Cheese & Bean Wrap Served with chips		
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Sweetcorn	Garden Peas		
Dessert	Chocolate shortbread	Tutti Fruiti cake	Lemon, Oat & Raisin cookies	Jam doughnut	Fruit & Jelly or Ice cream		
Available daily Jellies, Yoghurts, Fresh Fruit							