## **Nursery September 2025**

Week 2	Meatless Monday	Tuesday	Wednesday	Thursday	Friday		
Mains Choice 1	Vegetarian Curry Served with wholegrain rice & pitta bread Dairy Free. Gluten Free without pitta	BBQ Chicken (sauce seperate) Served with noodles Dairy Free	Pasta Bolognaise Served with rustic bread Dairy Free, Gluten Free available	Salmon Fishcake Served with potato wedges Dairy Free	Ham & Cheese Omelette Served with Chips Gluten Free		
Mains Choice 2	Jacket Potato Baked Beans or Cheese	Crustless Cheese & Potato Pie served crusty bread Gluten Free	Vegetarian Thai Green Curry Served with wholegrain rice	Margarita Pizza Served with potato wedges Dairy & Gluten Free available	Vegan Sausage Roll Served with chips Dairy Free		
Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Sweetcorn	Garden Peas		
Dessert	Flapjack	Apple Sponge & custard	Vanilla or Chocolate cookies	Baked waffles	Banana & Custard or Ice cream		
Available daily  Jellies, Yoghurts, Fresh Fruit							