Week 2

Five Ways Menu

Tuesday

Beef Cottage Pie

Served with rustic bread & seasonal vegetables

Gluten free without bread & Dairy Free

Sweet & Sour Quorn Balls

Served with wholegrain rice & seasonal vegetables

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Flapjack



Vegan Southern Fried Burger

Duo of Pasta Topped with Quorn Bolognaise Served with rustic bread & seasonal vegetables

Dairy Free

Meatless Monday

Served with new potatoes & seasonal vegetables Dairy Free

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Apple & sultana sponge or Ice Cream



Served with wholegrain rice & pitta bread & seasonal vegetables Dairy Free, Gluten free available

> Vegetable & Lentil Lasagne Served with rustic bread & seasonal vegetables Dairy Free

Chocolate or vanilla cookies or Ice Cream

DAILY

Bread Basket, Fresh Salad

Selection of lighter Desserts -

Jelly, Fresh Fruit Pots & Yoghurts

GF & DF Options available

Chicken Tikka

Jacket Potatoes and Fillings or Freshly Made Sandwiches



Battered Fish Fillet

Served with skin on fries, peas or baked beans Dairy Free, Gluten Free available

Cheese Omelette

Served with skin on fries, peas or baked beans Gluten Free

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Banana & custard or Ice cream



Thursday

Pork Sausage Roll

Served with potato wedges, sweetcorn or baked beans

Margarita Pizza

Served with potato wedges & sweetcorn or baked beans Dairy & Gluten Free Available

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Baked waffles

