

Year 5 Residential Information Meeting

Dearne Valley



PGL MADE BY ADVENTURE

Aims

- To provide information about where Dearne Valley is and about the site itself.
- To share the activity programme.
- To go through what the children need to bring ('Kit list' handout) and an overview of mealtimes.
- To provide information on completing the 'Medical Information, Consent Form' and to outline the organisation for day of departure/return.



Come & explore Dearne Valley

Denaby, Conisbrough, South Yorkshire
DN12 4EA



Wednesday 6th May – Friday 8th May 2026

Paddle down the scenic River Don in your canoe or experience the stunning beauty of Yorkshire from our high ropes course.

Location: Spread across 50 acres, this centre has opportunities for interactive activities across grassland, woodland and wetland.

What's nearby? Located in the beautiful rolling hills and countryside of South Yorkshire, just 20 minutes from Doncaster and within easy reach of the Midlands and the North of England.

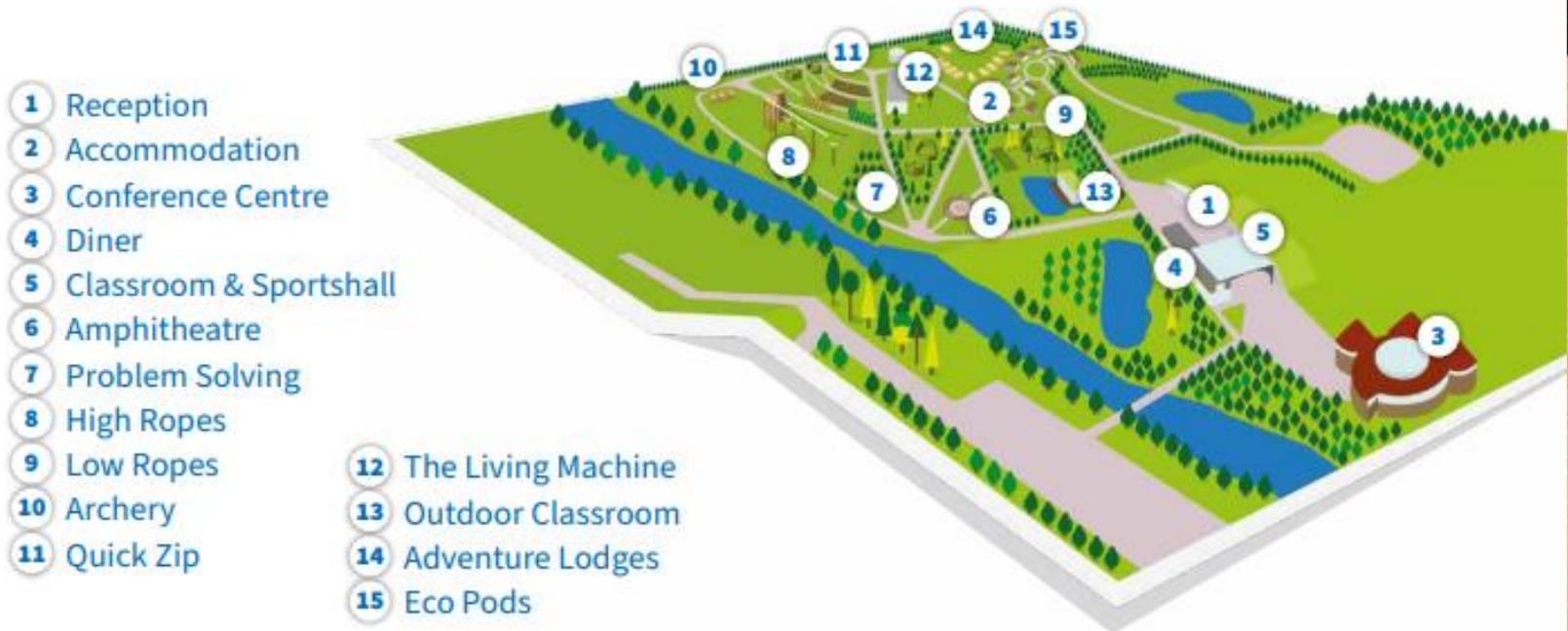
Indoor highlights: Giant indoor sports hall for climbing, fencing, archery, sport and team building activities.



Outdoor highlights: State of the art activity park with challenging apparatus including high and low ropes, zipwire and climbing.

Watersports: Purpose built watersports lake and adjacent River Don for raft building and canoeing.

Other facilities: Diner, shop, chill out areas, party leader lounges, indoor and outdoor classroom spaces, natural water treatment plant, outdoor amphitheatre.



Staff

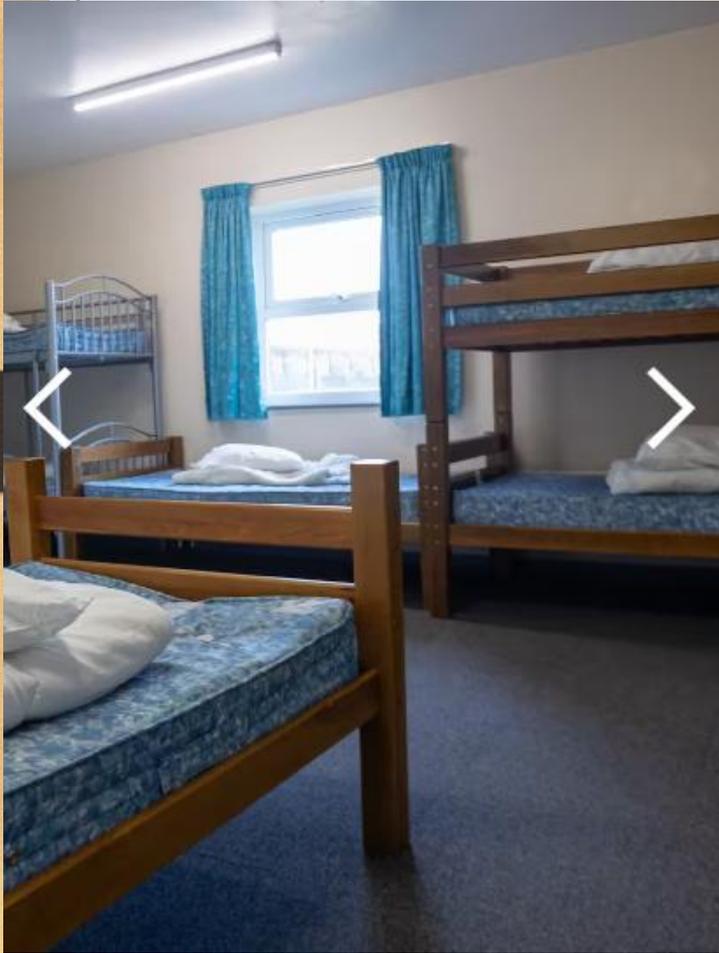
Mrs Fuller
Mrs Mander

Mrs Lindsay
Mrs Gosling
Miss Pardy
Mrs Peters

- Qualified instructors for each activity and a Duty Manager who stays on site throughout the night.



Accommodation



- Dearne Valley has standard dormitory-style accommodation.
- Rooms range from 8 to 10-bed dormitories, some en-suite, with gender-separated bathroom and shower facilities.
- Boys and girls will be housed on different floors.
- [Children will need to bring a sleeping bag and pillow. – new for 2026](#)
- A bottom fitted sheet will be provided.
- The children are not permitted in their dormitories during ‘free time’.

Weekly Programme

Children will be completing their activities in their designated squad of 15 which will be a mix of boys and girls from the three classes.

Throughout the week they will work together as a team and experience lots of challenges.

- Archery
- Problem solving
- Nightline
- Raft Building
- Leap of Faith
- Get Connected
- Quick Zip
- Mini Olympics



Zip Line, Campfire and Archery



Zip Line

Please pack a long-sleeved t-shirt for archery.



Campfire



Raft Building and High Ropes

For raft building, please consider your footwear, ideally bring a pair of old trainers that you do not mind your child getting wet.



Raft building



High ropes

Food at Dearne Valley

Important

The children will need to bring a packed lunch for Wednesday in a disposable bag.



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Our epic eco-centre in Yorkshire

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Better Beyond
Adventure

Please inform any of the Year 5 team before leaving tonight's meeting if your child has any food allergies or intolerances.

Food at Dearne Valley

Evening meals

Wednesday:

- Beef Lasagne
- Chicken Nuggets
- Penne pasta, tomato and grated cheese

Thursday:

- Cheese and potato pie
- Chicken Tikka Masala
- Penne pasta, tomato sauce and grated cheese.



Kit List

Year 5 Dearne Valley Residential Kit List

The check list below has been compiled to help you prepare for your visit. It is not necessary to go out and buy lots of new and expensive things for the visit as you are likely to get wet and dirty at times. Old but comfortable clothes are great. Please avoid jeans for activity wear, as once they are wet, they become uncomfortable, and you will get cold easily.

All specialist and safety equipment required for the activities is provided. **Important Change**: Bedding is no longer provided. **All children will be required to bring a sleeping bag.** A bottom sheet for the mattress is provided.

Please **label all your clothes**. Pack your bag with the help of an adult. Tick off the checklist and bring it along to the centre with you. You may have to help put your bag on the coach and carry it to your accommodation so make sure you can manage it.

You will need to bring a packed lunch for the first day (Wednesday). This should be packed in a small backpack, which you will take on the coach with you. There is no eating or drinking permitted on the coach.

ITEM	Number	Packed at Home
<i>Example T Shirts</i>	4	✓
Underwear		
Socks (ankle socks rather than trainer socks)		
T-shirts (including a long-sleeved top for archery)		
Trousers/Tracksuit bottoms/leggings		
Warm jumpers		
Outdoor trainers		
Indoor footwear		
Waterproof and warm outdoor coat		
Nightwear		
Shorts, old T-shirt, old trainers or water shoes for water activities*		
Hat and gloves		
Sun hat, sunglasses, sun cream		
Wash kit (miniature toiletries are ideal – please avoid any sprays)		
Towel and Flannel		
Additional Items		
Water bottle - <u>really important</u> – no ‘Stanley style’ cups please.		
Pocket money (£10 - £15 in change if possible)		
Plastic Bags for wet and dirty clothes		
Lip balm/ Vaseline		
Torch		
A book to read or small quiet activity, <u>e.g. colouring book</u> (no digital devices)		
Cuddly toy for bedtime (if needed)		

Medication if required. Labelled and given to a member of staff on Wednesday morning - please do not pack.

***For water activities please bring a pair of old trainers or water shoes, which you do not mind getting wet.**

Please do not bring mobile phones: school staff will arrange contact with home if necessary.

Important information

- Please bring a backpack – please bring a packed lunch for the first day.
- Please bring a sleeping bag and small pillow.
- Please do not bring mobile phones.
- Pocket money: There is a small shop, which sells snacks and souvenirs. £10 suggested amount in change please.
- Children are welcome to bring: a book, magazine, pack of cards, drawing books, pens/pencils.
- No additional snacks are needed and are not allowed in the dormitory.

Year 5 Dearne Valley Residential 2026

MEDICAL INFORMATION & CONSENT FORM

All participants must complete this form and return to school. This form should be completed by a parent, guardian, or those with parental responsibility. Please complete and return to your child's class teacher from **Monday 13th April** (and not before) to ensure all information is as up to date as possible.

Name Of Participant	Date Of Birth	School/Establishment
Participant's Address:		Home telephone Number
Parent/Guardian/Contact Name(s)	Relationship to participant	Contact numbers:
		Home: Work: Mobile Best <u>24 hour</u> contact number
Participant's Doctors Name	Address	Telephone

Please ensure all medication that the participant may require during the visit is clearly labelled with the participants name and dosage required and given to the school or establishment staff in charge of the participant throughout the visit. If inhalers are required please check they are full and provide a spare. If Epipens or similar are required please ensure 2 are supplied. If the participant is not confident to take the medication please let school/establishment staff know.

By signing below I consent for the participant to receive, if necessary, the proprietary medicines listed below at the dosage appropriate for their age:

Ailment	Treatment
Nasal Congestion and Sore throats	Decongestant Lozenge (e.g. Tunes)
Headache	Paracetamol, Calpol (<u>or</u> equivalent)
Insect or plant bites or stings	Proprietary cream or spray
Sore Lips	Lip Salve or Vaseline
Sun Protection	<u>Sun Screen</u> /cream
Asthma	Ventolin Inhaler if participants own has run out. This will only be given if YES for Asthma is ticked

The visit includes a water activity eg. raft building. Please tick the box which best indicates the participants swimming ability. All children will be provided with buoyancy aids for the water activity.

Non-Swimmer	Swim less than 50m	Swim more than 50m

Medication

Your child's medication should be:

- Clearly labelled with the child's name and dosage.
- There will be a medication 'drop off point' set up on Wednesday morning and it can be collected from Five Ways staff on our return.
- Children with inhalers need to carry them with them at all times.



Wednesday 6th May – Off we go!

Medication 'drop off' desk set up outside front of school for those with medication from 8.30 onwards.

Cases placed underneath the canopy, outside the main KS1 building ready to be loaded on to the coaches. If you are able to wait to wave goodbye to your child, please keep the case with you until the coach arrives.

Your child should go to their normal classroom for registration at the normal time.

Coaches due approx. 9.15am.



Friday 8th May – Our Return

- A text will be sent to parents when leaving the site (at approximately 12pm). Depending of traffic conditions we should be arriving back at school by 2:30pm.
- If there are any changes, parents will be informed by a further text message.



Frequently Asked Questions



- What if my child is nervous about sleeping away from home?
- What if my child is nervous about doing any of the activities?
- What if my child will only eat certain foods?

Please speak to a member of staff after the meeting regarding any specific needs or concerns.

