

Year 3 Residential Information Meeting



LACHES WOOD OUTDOOR CENTRE
OUTSIDE LEARNING FROM OFF THE BEATEN TRACK



Laches Wood

Monday 2nd March- Tuesday 3rd March 2026



Laches Wood
Outdoor Education Centre
Slade Heath
Wolverhampton
WV10 7PA



2 Day - Flint and Fire



Staff

Day and Night

- Mrs Darby
 - Miss Berry
 - Mr Ferguson
 - Mrs Davidson
 - Miss Fennell
 - Mrs Baker
 - Mrs Hill
- Qualified Laches Wood instructors for each activity.
 - Laches Wood Duty Manager (who stays on site throughout the night).

Day

- Mrs Barnes (Tuesday)

Accommodation



- There are lots of different dormitory blocks at Laches Wood.
- Boys and girls will be housed in separate dormitory blocks. The numbers in each dormitory vary in size (no more than 8).

Accommodation



- Within the blocks are individual staff dormitories and a staff room.
- Part of their settling in will be to ensure they are clear of their closest member of staff to call upon if they need to.

Accommodation



- The rooms are organised with bunk beds.
- The children will also have a designated washroom with shower/toilet facilities.
- As mentioned in the kit list, they will need:
 - Single duvet cover
 - Pillowcase
 - Fitted sheet
- They will be expected to 'make up' their own beds on arrival.
- The children are not permitted in their dormitories during 'free time'.

Flint and Fire

- The 'Flint and Fire' programme offers hands-on historical exploration that enhances learners' understanding and appreciation of ancient cultures and their lasting legacies. With interactive and engaging activities that explore fire lighting techniques, hunting skills and ancient crafts, the programme will be an experience the children will never forget.
 - Children will be completing their activities in their designated squad.
 - Throughout their stay, they will work together as a team and experience lots of challenges.
 - They will also have a 'duty' to complete during their stay.
- Some of our activities:**
- Caveman workshop
 - Cave painting
 - Shelter building
 - Craft
 - Stone Age Fire Lighting
 - Campfire

Activity Programme



Outdoor Education Centre Programme



SCHOOL:	Five Ways	DATES:	2nd-3rd March 2026	NUMBER IN GROUP & TEAMS	71 – 10 teams of 7-8	YEAR/S:	Y3
SCHOOL STAFF:	Helen Darby +8	COURSE & AIMS:	Flint and Fire- Stone Age				
LEAD INSTRUCTOR:		CLASSROOM BASE:	Yurt/Hall	ACCOMMODATION:	Glade	COACH:	

	Morning 10:30am – 12.30pm	10:30 – Arrive & Settle into centre								STAFF
	Afternoon 1.45pm – 5pm	Caveman Workshop Atl Atl Shelter build		Caveman Workshop Craft Atl Atl		Caveman Workshop Cave painting Craft		Shelter build Caveman Workshop Cave painting		Shelter Build Caveman Workshop Stone Age Fire Lighting
	Evening 6pm – 7pm	Campfire Hot Chocolate and Bed								

	Morning 8:00am	Rise and Shine, It's Breakfast time								
	Morning 9.30am – 12.30	Stone Age Fire Lighting Cave Painting Craft		Stone Age Fire Lighting Shelter build Cave painting		Atl Atl Shelter build Stone Age Fire Lighting		Craft Atl Atl Stone Age Fire Lighting		Cave painting Craft Atle Atl

Photographs of activities



Food at Laches Wood

A packed lunch will be required for Monday. Please pack this in a backpack so it is easily accessible for when we arrive.

Outdoor Education Menu



Breakfast

TUESDAY

Bacon & Egg with Hash Brown & Beans

WEDNESDAY

Sausage with Potato Waffle & Spaghetti Hoops

THURSDAY

Bacon & Egg with Hash Brown & Beans

FRIDAY

Sausage with Potato Waffle & Spaghetti Hoops

ALSO AVAILABLE: Fresh Fruit, Yoghurt, Cereals, Toast, Crumpets & Pancakes with Butter, Marmalade & Jam.
Tea, Milk & Fruit Juice

Lunch: Choice of Sandwiches, Crisps, Fresh Fruit, Cookie & Cold Drink

Dinner

MONDAY

Classic Beef Burger or Veggie Burger with Potato Wedges

TUESDAY

Pork or Veggie Sausages with Mash, Yorkie & Gravy

WEDNESDAY

Margherita Pizza with Fries & Beans

THURSDAY

Chicken or Veggie Korma with Pilau Rice

Chicken Nuggets with Potato Wedges

Mac & Cheese with BBQ Chicken or BBQ Veg Topper

Spaghetti & Meatballs in Tomato Sauce with Garlic Bread

Fish Fingers with Chips

Veg of the Day

Chocolate Mousse

Iced Sponge & Custard

Ice Cream

Chocolate Shortbread & Custard

Jacket Potatoes or Classic Tomato Pasta

Supper

Hot chocolate and biscuits

A salad bar, fresh fruit, jelly & mousse will be available daily.

Please inform any of the Year 3 team after tonight's meeting if your child has any food allergies or intolerances.

Kit List

Equipment List for Visits to Entrust Outdoor Education Centres



The checklist below has been compiled to help you prepare and pack for your visit. It is not necessary to go out and buy lots of new and expensive items for the visit as you are likely to get wet and mucky at times. Old but comfortable clothes are great! Please avoid jeans for activity wear as once they are wet, they become very uncomfortable and you will get cold easily.

Entrust Outdoors will provide all specialist and safety equipment required for the activities, including waterproofs and rucksacks for walking activities.

Please label all your clothes, packing your bag with the help of an adult if required. Tick off the checklist and bring it along to the centre with you, which may help when re-packing before your return home. You may have to help put your bag on the coach and carry it to your accommodation so make sure you can manage it all.

Accommodation

Dormitory

Single duvet cover, single sheet and two pillowcases.
(Entrust will provide a duvet and two pillows)

Camping

Sleeping bag, pillow with pillowcase
(Entrust will supply sleeping mats)

Kit List

Item	Number	Packed at Home
<i>(Example) T Shirts</i>	4	✓
Underwear		
Socks, including warm, full length long socks for walking		
T-shirts		
Trousers/tracksuit bottoms and shorts		
Warm jumpers		
Outdoor trainers x 2 pairs		
Walking boots (if you have them)		
Indoor footwear e.g. slippers or sliders		
Wellingtons		
Waterproof and warm outdoor coat		
Nightwear		
Hat, gloves, scarf		
Sun hat, sunglasses, sun cream		
Wash kit		
Towel		
Water bottle – 1 litre, leak proof is good		
Torch		
Packed Lunch for first day of the visit		

Medical and Consent Form

Please complete and return by
Thursday 26th February 2026

**The form must not be completed more than
14 days before we go.**

You must inform Five Ways' staff on Monday 2nd March (Monday we travel) if any information has changed.

LACHES WOOD MEDICAL INFORMATION & CONSENT FORM

For all participants under 18, this form should be completed by a parent, guardian, or those with parental responsibility.

It should not be completed more than 14 days prior to the visit to ensure the information is as current as possible.

Name Of Participant	Date Of Birth	School/Establishment
Participant's Address:		Home telephone Number
Parent/Guardian/Contact Name(s)	Relationship to participant	Contact numbers:
		Home:
		Work:



Medication

Your child's medication should be:

- Clearly labelled with their name and dosage.
- There will be a medication 'drop off point' set up on Monday 2nd March and it can be collected from Five Ways staff on our return.
- Additional medical and consent forms will be available at the 'drop off point' should you need to update any information following the weekend.

Monday 2nd March- Off We Go!

Medication 'drop off' desk set up outside front of school for those with medication from 8.30am onwards.

Cases placed underneath the canopy, outside the main KS1 building ready to be loaded on to the coaches. If you are able to wait to wave goodbye to your child, please keep the case with you until the coach arrives.

Your child should go to their normal classroom for registration at the normal time.

Coaches due approx. 9.00am.

Tuesday 3rd March - Our Return!

Usual morning routine at Laches Wood-
including breakfast, an activity and lunch.


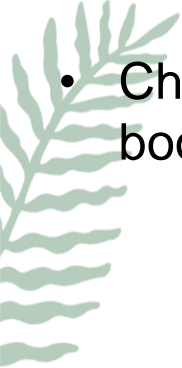




Bags will be packed in the morning and removed from dorms. Full
dorm inspections take place by Laches Wood staff.

We aim to leave the centre at around 1:30pm, to return
to school around 2:00pm. A text message will be sent
once we leave Laches Wood.

Bags can be collected from the carpark. The children
will be waiting in the KS1 hall to be collected.




Important Information

- Recommend bringing a rucksack – please bring a packed lunch for lunch on the first day.
 - **Please do not bring mobile phones or cameras.**
 - No electronics including hair straighteners or hairdryers please.
 - Pocket money for Laches Wood souvenirs. No more than £10 is suggested (in change please). Children are responsible for their own money.
 - Children are welcome to bring: a book, magazine, pack of cards, drawing books, pens/pencils.
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Frequently Asked Questions



- What if my child is nervous about sleeping away from home?
 - What if my child is nervous about doing any of the activities?
 - What if my child will only eat certain foods?
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Please speak to a member of staff after the meeting regarding any specific needs or concerns.



Thank
You

The image features the words "Thank You" in a bubbly, cursive font. The letters are a light cream color with a thick brown outline. Each letter is filled with horizontal stripes of blue and orange, giving it a 3D, layered appearance. The text is surrounded by six small, five-pointed stars with brown outlines and light cream fills. The background is white, decorated with various stylized foliage elements in the corners: a large green monstera leaf in the top-left, a brown leafy branch in the top-right, a green fern frond in the middle-right, a green fern frond in the bottom-left, a brown leafy branch in the bottom-right, and a green monstera leaf in the bottom-center.