

LUNCH

@FIVE WAYS

MONDAY

Chicken Tikka Masala
with Rice & Naan Bread

✓ Cheese Toasties
with Salad

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potatoes with Baked Beans

Fresh Vegetable Medley

Creamy Rice Pudding
with Raisins or
Fruit Sauce

TUESDAY

All Day Breakfast
with Hash Browns & Egg

✓ Vegetarian All Day Breakfast
with Hash Browns & Egg

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potato with Spaghetti Hoops

Fresh Vegetable Medley

Fruit Cobbler
with Cream

WEDNESDAY

Love Joes Chicken Dippers
with Pasta

✓ Margherita Pizza
with Mini Potato Waffles

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potato with Bolognese

Fresh Vegetable Medley

Ring Doughnut

FRIDAY

Harry Ramsden's Fish Fillet
with Crispy Chips

✓ Vegetarian Lasagne
with Garlic Bread

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potato with Baked Beans

Fresh Vegetable Medley

Homemade Cookies

DAILY

Bread Basket,
Fresh Seasonal Salad Bar,
Homemade Yoghurt,
Fresh Fruit

WEEK 1

THURSDAY

Roast of the Day
or

✓ Quorn Fillet & Stuffing
with Roast & Mashed Potatoes

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potatoes with Tuna

Fresh Vegetable Medley

Cupcakes

LUNCH

@FIVE WAYS



MONDAY

Love Joes Oriental
Chicken Wraps with Salad

✓ Tomato & Basil Topped Penne Pasta
with Garlic Bread

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potatoes with Cheese

Fresh Vegetable Medley

Apple Crumble
& Custard

TUESDAY

Pork Hotdogs
or

✓ Vegetarian Hotdogs
with Herbed Diced Potatoes

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potato with Spaghetti Hoops

Fresh Vegetable Medley

Ice Sponge Cake

WEEK 2

WEDNESDAY

Beef Bourguignon
with Steamed Rice

✓ Margherita Pizza
with Mini Potato Waffles

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potato with Sausage & Beans

Fresh Vegetable Medley

Chocolate Cracknel Cake

Love



THURSDAY

Roast of the Day
Roast & Mashed Potatoes

✓ Vegetarian Sausage Roll
with Mashed Potatoes

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potato with Tuna

Fresh Vegetable Medley

Carrot Cake



DAILY

Bread Basket,
Fresh Seasonal Salad Bar,
Homemade Yoghurt,
Fresh Fruit

FRIDAY

Breaded Fish Stars
with Crispy Chips

✓ Cheese Omelette
with Crispy Chips

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potato with Baked Beans

Fresh Vegetable Medley

Assorted Ice Cream
Pots

LUNCH

@FIVE WAYS

Love

MONDAY

Farmhouse Lamb
& Yorkshire Pudding
with New Potatoes

✓ Assorted Paninis
with salad

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potato with Cheese

Fresh Vegetable Medley

Cornflake Tart & Custard

TUESDAY

100% Beef Burger
in a High Fibre Bun
with Smiley Faces

✓ Tomato & Basil Topped Penne
Pasta with Garlic Bread

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potato with Spaghetti Hoops

Fresh Vegetable Medley

Lemon Drizzle Cake

WEDNESDAY

Country Chicken & Vegetable Pie
in Gravy with New Potatoes

✓ Margherita Pizza
with Smiley Faces

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potato with Cheesy Beans

Fresh Vegetable Medley

Assorted Mousse

FRIDAY

Breaded Salmon Fishcake
with Crispy Chips

Bacon Bap
with Crispy Chips

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potato with Baked Beans

Fresh Vegetable Medley

Vanilla Shortbread

WEEK 3

THURSDAY

Roast of the Day
with Roast & Mashed Potatoes

✓ Cheese & Potato Pie
with Crusty Bread

Lighter Choice

Ham or Cheese Sandwiches
Jacket Potato with Tuna

Fresh Vegetable Medley

Iced Buns

DAILY

Bread Basket,
Fresh Seasonal Salad Bar,
Homemade Yoghurt,
Fresh Fruit

