

Week 1

Five Ways Menu

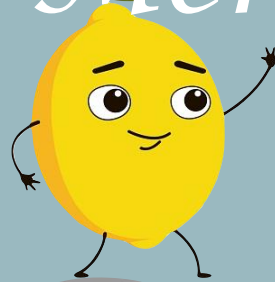
Monday

Chicken Tikka Masala & Naan Bread
Served With Wholegrain Rice and Seasonal Vegetables
Gluten Free Without Naan Bread

✓ Homemade Cheese & Potato Pie & Baked Beans or
Seasonal Vegetables

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day



Tuesday

Pasta with Beef Meatballs in Tomato Sauce. Served With
Garlic Bread and Seasonal Vegetables
Dairy Free Gluten Free Option Available

✓ Quorn Chilli with Rice and Tortilla Chips
Gluten & Dairy Free

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day

Wednesday

Pork Sausage Roll Served
With Potato Waffles, Sweetcorn or Baked Beans

✓ Margarita Pizza Served With Potato Waffles, Sweetcorn or
Baked Beans
Dairy Free Option Available

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day



Thursday

Chicken & Sweetcorn Wrap Served With
Homemade Wedges and Seasonal Vegetables
Gluten Free Available

✓ Pasta with Tomato and Vegetable Sauce
Served With Garlic Bread and Seasonal Vegetables
Dairy Free & Gluten Free Option Available

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day



DAILY

Bread Basket, Salad Bar
Selection of lighter Desserts -
Jelly, Fresh Fruit Pots & Yoghurts
GF & DF Options available

Friday

Harry Ramsdens Fish Fillet (*GF Available*)
or

✓ Vegetable Fingers
with Chips, Garden Peas, Baked Beans

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day



Allergen information for all our dishes can be obtained by
contacting the Catering Manager on: 01543 278071

Week 2

Five Ways Menu

Monday

Sticky BBQ Chicken Served with Noodles and Seasonal Vegetables
Gluten Free Option Available, Dairy Free

✓ Sheppardess Pie Served with Crusty Bread and Seasonal Vegetables

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day



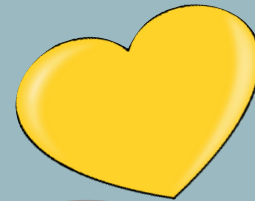
Tuesday

Pasta with Beef Bolognese Served with Garlic Bread and Seasonal Vegetables
Dairy Free & Gluten Free Option Available

✓ Southern Style Veggie Burger in High Fibre Bun Served with Potato Footballs

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day



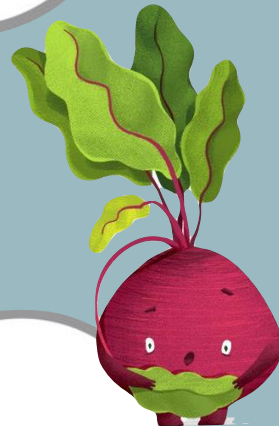
Wednesday

Harry Ramsdens Salmon Fish Cake Served with Potato Wedges, Sweetcorn or Baked Beans
Gluten Free Option Available

✓ Margarita Pizza Served With Potato Wedges, Sweetcorn or Baked Beans
Dairy Free Option Available

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day



Thursday

Savoury Mince & Yorkshire Pudding Served with Mashed Potato and Seasonal Vegetables
Gluten & Dairy Free Without Yorkshire

✓ Pasta Topped with Tomato Sauce & Cheese and Served with Garlic Bread
Dairy Free Gluten Free Option Available

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day

DAILY

Bread Basket, Salad Bar
Selection of lighter Desserts -
Jelly, Fresh Fruit Pots & Yoghurts
GF & DF Options available

Friday

Oven Baked Sausage Served with Chips, Peas or Baked Beans
Dairy Free, Gluten Free Option Available

✓ Vegetable Quiche Served with Chips, Peas or Baked Beans

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day

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Week 3

Five Ways Menu

Monday

Chargrilled Chicken Fillet & Yorkshire Pudding Served with Mashed Potato

Gluten and Dairy Free Without Yorkshire

or

✓ Vegetarian Stir Fry and Noodles Served with Seasonal Vegetables

Dairy Free

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day



Thursday

Brunch Lunch (sausage,bacon,egg)

Sausages May Contain Milk, Gluten Free Sausage Available

or

✓ Vegetarian Brunch Served with Hash Browns, Baked Beans,Mushrooms

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day



Wednesday

Beef Tacos Served with Diced Potatoes and Sweetcorn, Baked Beans

Gluten & Dairy Free

or

✓ Margarita Pizza Served with Diced Potatoes, Sweetcorn or Baked Beans

Dairy Free Option Available

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day

DAILY
Bread Basket, Salad Bar
Selection of lighter Desserts -
Jelly, Fresh Fruit Pots & Yoghurts
GF & DF Options available

Tuesday

Sweet & Sour Pork Served with Wholegrain Rice

Gluten & Dairy Free

or

✓ Pasta Topped with Tomato Sauce & Cheese and Served with Garlic Bread

Dairy Free Gluten Free Option Available

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day



Friday

Harry Ramsdens Fish Fillet (GF Available)

or

✓ Vegetarian Lasagne with Chips, Garden Peas, Baked Beans

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day



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