

Week 2

# Five Ways Menu



## Monday

### Chicken Tikka

Served with wholegrain rice & pitta bread & seasonal vegetables  
Dairy Free, Gluten Free without bread

Duo of Cheesy Pasta  
served with rustic bread & seasonal vegetables  
Gluten Free Available.

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Eve's pudding & custard or ice cream

## Tuesday

Baked Pork Sausage  
Served with  
mashed potato & seasonal vegetables  
Dairy Free, Gluten Free Available

Quorn Fillet  
Served with mashed potato & seasonal vegetables  
Dairy Free, Halal

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Flapjack or Ice cream



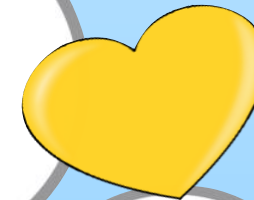
## Wednesday

Pasta & Italian Beef Meatballs  
Served with rustic bread & seasonal vegetables  
Dairy Free, Gluten Free available

Hoi Sin Vegetable Noodles  
Served with rustic bread & seasonal vegetables  
Dairy Free

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Iced Sponge Cake or Ice Cream



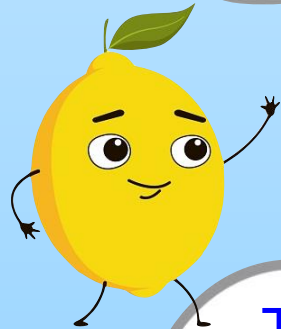
## Thursday

Chicken & Vegetable Gravy Pie  
Served with potato wedges, sweetcorn or baked beans  
Dairy Free

Margarita Pizza  
Served with potato wedges & sweetcorn or baked beans  
Dairy & Gluten Free Available

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Chocolate cookies or Ice cream



### DAILY

Bread Basket, Fresh Salad  
Selection of lighter Desserts -  
Jelly (contains beef gelatin),  
Fresh Fruit Pots & Yoghurts  
GF & DF Options available

## Friday

Battered Fish Fillet  
Served with skin on fries, peas or baked beans  
Dairy Free, Gluten Free available

Quorn & Pepper Wrap  
Served with Skin on Fries, peas or baked beans  
Dairy Free

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Banana & custard or Ice cream

Allergen information for all our dishes can be obtained by  
contacting the Catering Manager on: 01543 278071